

**TEIGN CORINTHIAN YACHT CLUB**  
**STANDARD SAILING INSTRUCTIONS**  
**FOR SINGLE CLASS AND MULTI CLASS RACES**  
**EFFECTIVE FROM 1<sup>st</sup> January 2015**

01.0 RULES.

- 01.1 Racing shall take place under the current I.S.A.F. Racing Rules of Sailing (R.R.S.), the prescriptions of the R.Y.A., these Sailing Instructions and the rules of the relevant Class Association(s). In the event of conflict, these sailing instructions shall prevail.
- 01.2 The event is designated Category 'C' under ISAF regulation 20.
- 01.3 Definitions: for the purposes of these SI's the word yacht shall also include keelboats, sports boats, dinghies, and catamarans.

02.0 GENERAL CONDITIONS OF ENTRY.

02.1 Safety.

The safety of a yacht and her entire management including adequate insurance shall be the sole responsibility of the owner and/or the skipper racing the yacht, who must ensure that the yacht and its crew are able to face the conditions that may arise in the course of the race. The establishment of these SI's in no way limit the responsibilities of the owner and/or skipper entered in the race program. The organisers shall not be responsible for any loss, damage, death, or personal injury howsoever caused to the yacht or any of its crew as a result of taking part in the race or races.

- 02.2 The owner or skipper shall be deemed to have the required minimum insurance cover, by acceptance of entering this races(s). It is not the responsibility of the Race Committee to view insurance certificates, but the competitors' responsibility to ensure adequate coverage.

- 02.3 Effective Personal Floatation Devices to a recognised standard, shall be worn by all competitors at all times whilst afloat.

02.4 Measurement Certificate.

All yachts must have a valid measurement certificate, issued prior to the event, to be eligible to enter. It is not the responsibility of the Race Committee to view measurement certificates at entry, but the competitors' responsibility to ensure validity.

- 02.5 All yachts shall carry enough effective buoyancy to keep the vessel afloat, if swamped in the event of a capsize and/or damage to the hull.

- 02.6 Yachts may be inspected and/or measured before or after any race, at the request of the race committee.

- 02.7 Only pre-measured and certified sails may be used during racing. Under exceptional circumstances, the Race Committee may permit a yacht to use sails displaying a number other than the registered number of the yacht, when a request is received in writing at race registration.
- 02.8 No substitution of helmsman shall be allowed.
- 03.0 Declarations.
- 03.1 A yacht is deemed as intending to race only when a competitor has 'signed on' to the relevant TCYC Race Record Form before leaving shore to commence racing.
- 03.2 Race area check.  
Yachts competing in each race shall on arrival in the race area, sail past the committee boat or race officers platform, so that their sail numbers may be recorded, and acknowledged as such, by the race officers.
- 3.3 Signing off.  
Each skipper shall within thirty minutes of coming ashore, or one half hour of completion of racing (whichever is soonest) sign the race sheet to declare either; 1. they have completed the race in accordance with the R.R.S. and these S.I.'s or; 2. they have retired from the race or; 3. they wish to lodge a protest in accordance with R.R.S. The signing off race sheets will be located within the TCYC club house or club premises nearest to the race launching area.
- 03.4 Notices to competitors and alterations in the Sailing Instructions (if any), will be posted at the TCYC premises nearest the launching area (wherever possible on the course board). It is the responsibility of each yacht skipper to familiarise himself with these, before the start.
- 04.0 Schedule of Races.  
The schedule of races will be announced by the R.O. at the competitors pre-race briefing before race one, or outlined on the course board for all to see.
- 05.0 The Race Course.  
The race course/s, including number of laps, shall be announced by the R.O. at the competitors pre-race briefing before race one and/or outlined on the course board located within the club house for all to see.
- 05.1 The course turning marks shall be made apparent to all competitors attending the pre-race briefing or outlined on the course board for all to see.
- 05.2 The start line will be between the main mast of the start hut and a designated buoy or the main mast of a committee boat and; 1. The main mast of an assistant committee boat, or; 2. a marker buoy. All of the above shall be described at the pre-race briefing and/or outlined on the course board located within the club house for all to see.
- 05.3 Both the committee boat and the outer limit boat or mark (when used) rank as starting marks.

06.0 Starting.

06.1 A minimum of two boats in the starting area to constitute a race for that class.

06.2 Line starts.

06.3 The starting procedure shall be in accordance with R.R.S. rule 26.

06.4 The starting line shall remain open until all competing yachts have started correctly, or for a period of not less than five minutes, whichever is the lesser.

07.0 Finishing.

07.1 The finish line will be line between the main mast of the start hut and a designated buoy or the main mast of a committee boat displaying a blue flag and; 1. The main mast of an assistant committee boat also displaying a blue flag, or; 2. a marker buoy as described at the pre-race briefing and/or outlined on the course black board located within the club house for all to see.

08.0 Time Limits.

08.1 The time limit for each race shall be 1½ hours. When the first yacht finishes within the time limit, it will be extended by fifteen minutes.

08.2 In exceptional circumstances the R.O. and/or Rear Commodore may award places relevant to their position as recorded at the completion of the last lap to be sailed correctly to yachts that are still racing at the expiry of their time limit.

08.3 If no yacht completes the race within the time limit, the race shall be abandoned. In exceptional circumstances the R.O. and/or Rear Commodore can award places as recorded at the completion of the last lap to be sailed correctly.

9.0 Scoring.

9.1 The event will be scored in accordance with R.R.S. appendix A4.1 Low point system.

10.0 Protests/Redress.

10.1 The time limit for lodging a protest or request for redress shall be 60 minutes of the last yacht finishing the race. This will be extended to 60 minutes after the last race sailed in the case of back to back races.

10.2 Measurement protests, lodged after the end of any race, will be refused if they are based on facts reasonably available before the start time.

11.0 Dinghy Portsmouth Yardsticks

11.1 Handicap dinghy races will use the published RYA Portsmouth Yardstick numbers

to determine the corrected times of the boats.

- 11.2 If the RYA changes the Portsmouth Yardsticks part way through a series then that series will continue to use the old PY numbers for the remainder of the races.
- 11.3 Only official RYA PY numbers will be used. Class association and other suggested variations on PY numbers will not be used. If a particular (usually new) design of boat does not have a PY number then the Rear-Commodore (Dinghies) may allocate a number and subsequently modify that number if required to ensure even competition.
- 11.4 The Sailing Instructions for dinghy handicap racing are for a given helm/boat combination to avoid someone with two boats using the light wind flyer in calm conditions and their sturdy boat in a blow. The exceptions are Lasers, RS100s etc. which have multiple rigs. They can choose their rig on a per-race basis but carry the lowest numeric PY used in any race for all races in that series.

## **RISK STATEMENT**

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) [*For offshore races*] They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew]; and
- h) [*If not covered elsewhere in the Notice of Race*] Their boat is adequately insured, with cover of at least £2,000,000 against third party claims.